



Education and Culture DG

Lifelong Learning Programme

## ERASMUS INTENSIVE LANGUAGE COURSES 2011-12

*- ORGANISING INSTITUTION'S INFORMATION FORM -*

<b>INSTITUTION NAME:</b>	MID SWEDEN UNIVERSITY	
<b>ADDRESS:</b>	SE 871 88 HÄRNÖSAND	
<b>COUNTRY:</b>	SWEDEN	
<b>EILC LANGUAGE</b>	<i>SWEDISH</i>	
<b>LEVEL COURSES ORGANISED:</b>	<i>LEVEL I (BEGINNER)</i> <input checked="" type="checkbox"/> <i>NUMBER OF COURSES: 2</i> <i>DATES: 110810 -110823</i>	<i>LEVEL II (INTERMEDIATE)</i> <input type="checkbox"/> <i>NUMBER OF COURSES:</i> <i>DATES:</i>
<b>WEB SITE</b>	<a href="http://www.miun.se/hum">www.miun.se/hum</a>	

**PLEASE NOTE THAT ALL STUDENT EILC APPLICATION FOR OUR EILC SHOULD BE SENT BY E-MAIL TO THE FOLLOWING ADDRESS: [international@miun.se](mailto:international@miun.se)**

*STAFF*

JOB TITLE / NAME	ADDRESS, TELEPHONE, FAX, E-MAIL
<b>CONTACT PERSON FOR EILC SOFIE PEDERSEN JOB TITLE International Relations Officer</b>	Sofie Pedersen Mid Sweden University Department of Humanities S- 871 88 Härnösand Fax: +46-611-861 70 Phone: +46-(0)63-16 56 37 <a href="mailto:sofie.pedersen@miun.se">sofie.pedersen@miun.se</a>

<b>RESPONSIBLE PERSON FOR THE PROGRAMME</b>	<b><i>Tomas Berglund</i></b> Head of Department of Humanities Mid Sweden University
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***PART I: GENERAL INFORMATION***

## • DESCRIPTION OF TOWN

### *- SHORT HISTORY AND LOCATION*

The word “ö” in Swedish means island. Our campus at Härnösand is located on an island separated from the mainland by a narrow channel. The nearness to water characterizes Härnösand; the town centre is situated on an island in the Gulf of Bothnia, and a channel linking the Southern and the Northern straits runs through the town. This is the oldest town in the county of Västernorrland. Härnösand was once an important harbour for transportation of lumber and it is now the administrative centre for the county. Shopping streets grouped around a small square and old wooden houses form the town centre.

Härnösand has been a centre of learning for more than 150 years and was well known throughout Sweden as the “Athens of the North”. It is easy to feel at home in Härnösand with 28,000 inhabitants. Härnösand is reliant on a large public sector. Almost half the people employed are in governmental or municipal services. Campus Härnösand has roughly a quarter of the students of Mid Sweden University. Here there are courses in History, Geography, Literature, Modern Languages, Religion, Swedish and Teacher Training.

### *- MAIN LOCAL/CULTURAL EVENTS*

If you like downhill and cross-country skiing, sailing, skating and sports in general, Härnösand is the right place for you. At Höglätten sports ground an active sports fan will find a lot to do. For relaxation there are cinemas, pubs, restaurants and discos. There is plenty to do if your interests are cultural; the newly built county library and Murberget: the second largest open-air museum in Sweden, a municipal art gallery, and an active theatre and film club.

Not far away from Härnösand you will find the High Coast (Höga kusten), which has a unique geology and provides clear evidence of how the land has risen following the disappearance of the inland ice 9,600 years ago. Since then the land has raised 285 metres, which is more than any other area in the world. Here you will find the High Coast bridge, the seventh longest suspension bridge in the world with pylons 180 m high that can be seen miles away. Along the coastline there are small creeks for bathing, sandy beaches, artist colonies, fishing villages, enchanted troll forests and wonderful fishing waters.

### *- HOW TO REACH TOWN (LINKS FROM THE NEAREST AIRPORT, TRAIN OR COACH STATIONS)*

The quickest way to reach our university is to fly from Stockholm to Midlanda airport, which takes about 45 minutes. Our campus in Härnösand is 30 km away from the airport and transfer coaches are usually available. Travelling by train from Stockholm to Härnösand takes around four (4) hours, there are 5-6 good connections every day. See [www.sj.se](http://www.sj.se) for prices. Bus is usually a cheaper way to travel from Stockholm and the journey will take around six (6) hours. Try Y-bus at [www.ybuss.se](http://www.ybuss.se) (Website in Swedish).

### *- TRANSPORT IN TOWN (BRIEF INFORMATION ON THE MAIN MEANS OF TRANSPORT AVAILABLE)*

The town and surrounding areas are accessible by regular bus lines. Taxis available 24 hours. The accommodation offered is usually within 10 minutes walking distance of the campus.

## • **SHORT DESCRIPTION OF THE ORGANISING INSTITUTION**

### **The Region**

Mid Sweden University is situated in a region that reaches from sea to the high mountains between the Gulf of Bothnia and the border to Norway. It is characterized by great forests, rivers and lakes, and gives many opportunities for outdoor activities. At Mid Sweden University you can combine studies with skiing, mountain trekking, and sailing among other things. You will experience long dark nights in the winter and nights without darkness in the summer if you choose to spend some time in this part of Europe, not far from the polar circle.

### **The University**

Mid Sweden University was founded eighteen years ago through the merging of two smaller universities in the region. It is now one of the ten largest institutions of higher education in Sweden with approximately 22,000 students. Like all universities we provide higher education of a high standard undergraduate-, and post-graduate studies and in research.

Mid Sweden University is a network university with campuses in three cities: Härnösand, Sundsvall, and Östersund. We combine the intimacy of a small college, enabling close contact between students, staff and the surrounding community, with the variety and resources of a large university.

Mid Sweden University has established good relations and close cooperation with the surrounding communities and we have an important role to play in the development of the region. During the past ten years we have contributed to an increase in the number of students going on to higher education, thereby strengthening the educational status of the entire region.

### **Studies and Research**

Mid Sweden University has a wide choice of undergraduate courses with links to research. A large part of the educational programme is multi-disciplinary. In several disciplines- Mid Sweden University is one of the leading educational institutions in distance education in the country. The concept of flexible learning describes our approach to teaching and learning.

While Mid Sweden University is important in the region, about half of our students come from other parts of the country – and also from other countries around the world. We offer courses in English in a number of subjects, and every year students from Europe, Australia, the US, Asia, and Africa choose Mid Sweden University for a study period of a semester or a year.

The research activities have greatly increased during the last years and today constitute 40 % of the annual turnover. We have six profile areas organized in themes based on current research activities at Mid Sweden University.

## • **ACCOMMODATION**

*- SHORT DESCRIPTION OF THE ACCOMMODATION OFFERED (HOTEL, APARTMENTS, STUDENT HALLS, OTHERS; IF THERE ARE COOKING FACILITIES) AND ON THE RENT TO BE PAID PER WEEK*

Fully equipped student rooms in dormitories or apartments. Shared facilities; a fully equipped kitchen, living room with TV/video, bathrooms with shower, washing machine. Rent is paid at arrival; amount depends on the size of the room, from 1,600-2,000 SEK for the period. Cleaning, meals and home insurance are not included in the rent.

Each room is fully furnished with at least a bed (with mattress, pillow and duvet/blanket), desk, chairs, curtains, and floor coverings. Students must bring their own sheets and towels.

• **MEALS**

- *SHORT DESCRIPTION ON THE SERVICES OFFERED (UNIVERSITY CANTEENS, RESTAURANTS, BARS, OTHERS)*

No meals included.  
A number of restaurants in town, nearby the campus area.

• **RECEPTION OF STUDENTS**

- *MEETING POINT (PLACE, DATE AND TIME OF FIRST MEETING - FOR EACH COURSE WHERE DIFFERENT)*

Information will be sent out to all students regarding meeting place, date and time of first meeting.

• **EXTRA MURAL ACTIVITIES**

- *SITE VISITS*

Special city tours and arrangements will be made for visiting students on campus in August. Also special tours outside Härnösand will be arranged. Visit to Sundsvall Campus, the city of Sundsvall and its surroundings, e.g. the two “city mountains” and other excursions to the sea, the neighbouring troll forests etc. There will be opportunities for canoeing, fishing and other kinds of outdoor adventurous activities. All kinds of “surprise activities” will be arranged as part of the course.

- *SPORTS FACILITIES (SWIMMING, TENNIS, GYMNASIUM; OPENING DAYS AND AVAILABLE INFORMATION)*

There are several facilities for indoor and outdoor sports in the city which are available also for students.

- *ENTERTAINMENT (CINEMA, THEATRE, ETC.; BRIEF INFORMATION ON PLACES AND STUDENT FACILITIES)*

One cinema in the city centre, county museum, public library, art gallery are available also for students. Special arrangements will be made for EILC-students on campus in August.

**Note: where more than one course is organised at each level, this form should be copied and completed for each course**

***PART II: COURSE(S) DESCRIPTION***

**COURSE NO:**

**LEVEL:**

*I: Beginner course* 2 courses

*II: Intermediate course*

	FROM...	TO...
PERIOD:	AUGUST 10, 2011	AUGUST 23, 2011

**• LANGUAGE COMPONENT**

**- SHORT DESCRIPTION OF LANGUAGE COMPONENT: OBJECTIVES AND TEACHING METHODS**

Students should acquire a basic knowledge of Swedish and basic language skills with the emphasis on oral Swedish, as well as some knowledge of everyday culture and society of Sweden. The aims mentioned above will to a great extent be woven into the teaching, which comprises lectures, lessons and group exercises. Attendance at these activities is mandatory.

During the course most attention will be paid to the development of the students' communicative skills. On the basis of observations made in concrete everyday situations the students will be working with the structure and semantics of the Swedish language. The students will get the opportunity to:

- use a mini library containing relevant literature
- use interactive computer programmes
- do conversation exercises
- meet Swedes and acquaint themselves with Swedish culture
- consult teachers of Swedish as a second language

The teaching of the course will be done according to a system consisting of different activities. Every day the students should work with:

- the structure of the Swedish language
- conversation exercises
- cultural encounters
- exercises adapted to their own personal needs

**- SUBJECT-SPECIFIC LANGUAGE ELEMENTS**  YES  NO

(E.g. special modules for students in particular disciplines)

IF YES, SPECIFY:

Special modules in Language Laboratory in particular disciplines

**- DURATION**

TOTAL NUMBER OF CLASSES	70 h.
HOURS IN CLASSROOM	50 h.

**Note: where more than one course is organised at each level, this form should be copied and completed for each course**

HOURS OF PRACTICE CONVERSATION/LANGUAGE LABORATORY	20 h.
OTHER (PLEASE SPECIFY)	Formal classroom lessons are integrated with communicative exercises, team building activities and cultural events as well as practice in computer based language laboratory and conversation practice.

- ASSESSMENT (SPECIFY IF THE ASSESSMENT IS MADE BY WRITTEN/ORAL EXAMINATION, ASSIGNMENT, ETC.)

Written and oral examination as well as assignments during the course.

## • COURSE FACILITIES

- TEACHING AIDS

<input checked="" type="checkbox"/> AUDIO/VIDEO MATERIALS
<input checked="" type="checkbox"/> COMPUTER/SOFTWARE
<input checked="" type="checkbox"/> HANDOUTS/PRINTED TEXTS
<input checked="" type="checkbox"/> TRANSPARENCIES
<input type="checkbox"/> OTHER : (SPECIFY)

- LIBRARY

YES  NO

IF YES, SPECIFY:

TIMES	Monday-Thursday 09.00—19.00, Friday 09.00—18.00, Saturday 10.00—15.00
OPENING DAYS	
ADDRESS	Universitetsbacken 871 88 Härnösand

- LANGUAGE LABORATORY

YES  NO

IF YES, SPECIFY:

TIMES	24 hours a day
OPENING DAYS	Seven days a week
ADDRESS	At campus
COST	free

## • CULTURAL COMPONENT

- SHORT DESCRIPTION OF THE CULTURAL ELEMENTS INCLUDED IN THE COURSE: OBJECTIVES AND TEACHING METHODS

Intensive training of reading skills based on short texts connected with Swedish society and cultural life. Language activities will be closely integrated with all indoor and outdoor activities, which are means of acquiring knowledge of everyday culture and society of Sweden.

- DURATION

TOTAL HOURS OF ACTIVITIES	See above
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**Note: where more than one course is organised at each level, this form should be copied and completed for each course**

• **TEACHERS AND SUPPORT STAFF**

	NUMBER OF...:
<input type="checkbox"/> TEACHERS	2
<input type="checkbox"/> ADMINISTRATORS	1
<input type="checkbox"/> STUDENTS	30